



🇬🇧 **Détente " Montagne Douce"** 🇬🇧

FACE CARE

L'essentiel coup d'éclat

Moisturizing or purifying : cleansing, exfoliation, mask
End of care cream

30 ' – 40 €

Douce beauté personalized care

adapt to your needs : cleansing, exfoliation,
revitalising massage, mask, end of care cream

60 ' – 65 €

BODY CARE

Cristaux des montagnes scrub

20 ' – 35 €

MASSAGES with natural oils

Douce Relaxation

Tailor made massage adapt to your needs

A choice : 30 ' 60 ' 80 '

Tonic Sportif

Tonic, dynamic or deep massage

A choice : 30 ' 60 '

Pierres chaudes

Energy massage, physical and mental relaxation

A choice : 60 ' 80 '

30 ' a part of the body – 45 €

60 ' whole body – 75 €

80 ' whole body with face and scalp – 95 €

RITUALS

Montagne Douce

Body scrub and whole body Massage of 60 ' soft or tonic

80 ' – 95 €

Montagne Zen

Face care L'essentiel and whole body Massage
of 60 ' soft or tonic

90 ' – 105 €

*The well-being
parenthesis
Of your stay
Anaïs*

Our service partner
at La renardière

**Don't hesitate to anticipate
your stay and book now
your moment of relaxation**

04.50.34.45.62

contact@renardiere.com



Périods from 5 february to 5 march / School Holidays

Massages can be made **from 3 pm to 8 pm**

Sunday • Monday • Tuesday • Thursday

Other Périods

Massages can be made **from 3 pm to 8 pm**

Monday • Thursday • Saturday

Périods Christmas and New Year weeks

Massages can be made **from 3 pm to 8 pm**

Monday • Tuesday • Thursday

and from 2 pm to 7 pm Friday 24 and 31

You can also book during your stay
At the reception subject availabilities

No therapeutic well-being treatment

Payment is made to your Stay Extras account

Time includes installation

→ For any modification or cancellation less than 24 h in advance, the establishment reserves the right to invoice 50 % service.

Anaïs diplomas are available on request at reception

- 4 years of study with honors in practice
- 7 years of experience

